



EX LESOTHO VENTURER 2010

NEWSLETTER 2

Training Session 2

Travel Arrangements and Dietary Requirements

The closing date for these details is Friday 12 March. There are a number of you with these details outstanding! Your JI's state:

"Participants are to complete the pro forma at Annex B and return it to HQLF via HQs Sea Cadets and Air Cadets by Fri 12 Mar 10 and in the case of ACF and CCF(A) direct to HQLF. Arrangements will be made to collect and return adults and cadets from/to either Cardiff Airport or Newport Railway Station on 4, 5 and 7 Apr 10. Transport to and from Cwrt y Gollen is a unit responsibility less the collection from Newport Railway Station and Cardiff Airport which will be organised between HQLF and Gwent & Powys ACF."

Annex B is attached. For ACF and CCF(A) Cadets the address at HQLF is –

Headquarters Land Forces (Ref Cadet 150)
Erskine Barracks
Wilton
Salisbury
Wiltshire SP2 0AG

Kit and Equipment

Don't forget: NO more equipment than is on your list is to be brought to the Training Session. It will be weighed, and must not exceed 23kg in total.

Abseil Opportunity Update

Now both Teams 1 and 3 have the opportunity to attempt, to date, the longest Commercial Abseil in the world. The cost will be £75.00. Should you want to do the abseil, please bring a cheque for this amount, made payable to: Outposts Ltd. with you to Training Session 2.

Inoculations and Medical Conditions

Bring confirmation that you are in date with all inoculations, this includes dates booked in the coming months.

Details of any medical conditions that you have, you are required to disclose for insurance purposes.

Passport Photocopies

Don't forget them!

OUTPOSTS
OUTDOOR CHALLENGE
FOR SCHOOLS AND YOUTH



Next of Kin

I need to know who your next of kin are and how I can contact them for the duration of your time on expedition. This includes if they go on holiday during that time. If that is the case, I need the dates they are away and the contact details for them during that period.

Raffle Tickets and funds raised

A reminder to all cadets holding Draw tickets for the Cadet 150 Expedition to Lesotho. Please ensure that the counterfoils for sold tickets, cheques in respect of the monies raised from the draw and any unsold tickets are returned to Sqn Ldr Blakey by the 30th of March at the address below:

M.P.Blakey
5 Stewards Close
Reepham
Norwich
NR10 4JG

Future Payments

By 31 May £400.00

Cheques should be made payable to **Cadet 150**. Each cheque should be sent by Recorded Delivery, with an accompanying letter stating for which cadet the cheque applies, to:

Lt Col RNB Quicke
The Army Cadet Forces' Association
Holderness House
51-61 Clifton Street
London
EC21 4DW

Any Questions?

If you have any queries please contact me either by email: fee.bellamy@outposts.co.uk or telephone: 01823 451959

See you there.

Very best wishes

Fee